

Who and what is an End of Life Doula?

An End of Life Doula is a professional who provides holistic person-centered care, guidance, education and support for people wanting to plan for end of life, or who have a life limiting diagnosis, or who are at the end stages of life.

An End of Life Doula assists a person and their family to feel safe and supported during this important transition by exploring all their options and fulfilling their choices in line with their values and needs.

Ways an End of Life Doula can help you

- By assisting with organising documentation.
- By helping to plan for end of life by discussing options and choices available.
- By navigating the health system.
- By advocating for a continuum of support.
- By providing assistance to create legacy items, rituals and ceremony which supports grief and bereavement

Enquiries

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Packages available.

"We are all just walking
each other home"

Ram Dass



**END OF LIFE
DOULA
SERVICES**



Kylie's own personal journey of loss and grief brings a unique perspective and experience into the precious journey that life is. With a background as a Meditation Teacher, Kylie is grounded, calm and approaches life and death with grace. Love, connection, and spiritual insight combined with practical and compassionate care are her gifts she brings to her work and all else she offers.

Kylie has completed her End of Life Doula training, as well as Funeral Celebrancy Course and continues to upskill and increase her knowledge within the industry. Kylie is the founder and owner of With Wings Of Grace End of Life Doula Services.

Prior to becoming an End of Life Doula, Kylie worked in the Early Childhood Industry. She has excellent communication and planning skills, an understanding of many cultures and their traditions, experience in supporting individuals with a disability, and an innate ability to connect with families and children to offer the intuitive care, support and reassurance that is needed in what can be an emotional and overwhelming time.

VISION

To Walk with You on Your Journey

MISSION

Empowerment

VALUES

Connection, Choices & Care

What services do I provide?

- I compassionately guide and encourage my clients (of any age, pre-diagnosis, and after diagnosis) to think about and plan for their end of life. Planning may include ensuring all paperwork such as Will, Power of Attorney, and Enduring Guardianship is completed.
- I give gentle guidance and support my clients to make informed choices by discussing and documenting their end of life wishes including death and after death care plans. This may include supporting my client to share their completed plan with their loved ones.
- I provide care and advocacy including support to access and to coordinate services such as medical appointments, palliative care, nursing care and home care services. The role of an end of life doula is non-medical. I do not offer medical advice.
- I offer regular contact via online/phone or in person support depending on my client's needs, which could be of an emotional, spiritual, social or practical nature.
- I guide and provide reassurance and support so my client can live fully to the end. There may be something on your to do or bucket list that I can help you to achieve.
- Approaching end of life I offer a vigil service for my client and support for their loved ones who may be present, coordinating care to ensure my client can stay at home if that is their preference.
- I provide support and assistance in helping to create legacy items for loved ones. This may include creating photo memory books, slideshows, recordings of stories and family history, making a living or emotional will, organising a living wake or any other wonderful ideas my client has!
- I offer support and guidance in the event of an unexpected sudden death which can be a traumatic and overwhelming time for family and friends.
- I provide support for families to work together to create beautiful rituals and ceremony before and after the death of their loved one, which may include the decoration of shrouds and/or coffins.
- I can assist in arranging home or other venue based after death care and offer funeral planning support. I also offer my services as a Funeral Celebrant which supports continuity of care for my client and their loved ones.
- I provide grief and bereavement care as part of the holistic care and support needed at the end of life, as well as afterwards for my client's significant others.

24/7 Care

Online, Phone and/or in person support
Regional, Rural and Remote